Second Grade
Communicable Disease Unit

Overview
The goal of health education is for students to acquire the health information and skills necessary to become healthy adults. This includes being able to identify appropriate and inappropriate health behaviors. Students must understand several key concepts: 1) they should first seek health care guidance from their parents; 2) health is influenced by a variety of factors; 3) personal behaviors can increase or reduce health risks throughout that person’s life span; 4) students should recognize and utilize health information and products; 5) personal and interpersonal skills are needed to promote individual, family, and community health.

In second grade, students learn age-appropriate skills to stay healthy and safe. Students are taught, in a basic way, that external factors influence health, and students can take responsibility for protecting their health.