

## HEB ISD SHAC Meeting Minutes

09/21/21

Call to order at 1600 by Joy Keohane

Roll Call: Members sign into chat for attendance

Review of minutes from last meeting on 04/20/21

-Motion to approve minutes by Carla Docken.

-Second by Robert Ball.

Review of SHAC purpose, guidelines and officer positions by Joy Keohane.

### Safety Updates by Robert Ball, Coordinator for Safety & Emergency Response Services

-Grant money has been used to complete badges for all staff to have key card access to ISD facilities to improve security.

-Security film is present on the front window of all academic buildings, which is bullet resistant, slows down entry; film anchors glass to keep from breaking. This was funded through a grant.

-Due COVID cases continuing, drills will be video reviews with Go and Show. Live drills to resume in the spring semester if possible.

### Counseling & Mental Health Updates by Carla Docken, Counseling Coordinator and Julia Harris, Crisis Team Coordinator

-ESSR funds have been used to increase the Communities in Schools program managers to twelve. Five CIS mental health counselors were added to provide intensive therapy to a rolling caseload of thirty students each, once each week during an elective period at school.

-ESSR funds have been allocated to increase access for students who need the Mind Above Matter Program (operating as iMatter in the schools) and have no insurance or are underinsured. The funds, meant to alleviate financial barriers, will fill in the gaps so that students who need it will have access to services.

iMatter is expanding to include Individual counseling and Medication Management for students and children of staff members in HEB.

Mind Above Matter services of Groups, Individual Counseling and Medication Management will now include staff. The process for staff to access the services will be a referral form that goes directly to MAM, allowing for strict confidentiality, and services will be provided off district property to maintain confidentiality.

-MOU with JPS to be signed providing TCHAT (Texas Child Health Access Through Telemedicine) 4 free telehealth counseling visits and assistance with finding a mental health provider for counseling or psychiatry.

-MOU with MMHR to come to campuses and work with 85-90 HEB students on coping skills, anger management, social skills, parenting and life management for youth ages 6-17. They will work with the student where the behavior is occurring.

- Referrals continue through campus Crisis Intervention Referral forms, Crime Stoppers, and Go Guardian Beacon Alerts.

### Health Services Update by Joy Keohane-Health Services Coordinator

-HEB ISD Return to Learn plan was updated on 09/03/21 to include that wearing masks is strongly encouraged indoors and on the school bus.

-COVID community transmission in Tarrant County remains high, positivity rate has decreased to 19% and there were 417 cases/100,000 residents as of 09/18/21.

-Student cases increased the week of 8/30/21 to 245, then decreased the week of 09/06/21 to 178 and again the week of 09/13 to 168.

-Staff cases increased the week of 08/30/21 to 34, then decreased the week of 09/06 to 19, then the week of 09/13/21 were 21.

-Statewide data shows student cases trending downward and staff cases flattening.

-Statewide according to the CDC, hospitalizations are trending downward.

-In Trauma Service Area E there are 87 pediatric patients in the hospital with COVID, 257 statewide.

### Pre-K/Family Engagement-Kelly Rall, Pre-K/Family Engagement Coordinator

-Over 700 students are currently enrolled in Pre-K, this includes Core Knowledge Pre-K and is an increase in pre-COVID numbers.

-Since Pre-K is not required, many parents had questions regarding COVID protocols before enrolling their student.

-Oral Health class-Dentahealth through Parent Academy

-Practical Parenting Education Classes offered focusing on family systems, positive family interactions, parenting, student success, communication, self-esteem and transitions. Classes will be offered in English, Spanish, French, and Arabic.

**Guest Speaker Presentation by Dr. Lydia Steelman & Racheal Moore, RN of Mid-Cities Women's Clinic on Choosing the Best. This a program for 6-10<sup>th</sup> grades focusing on sexual risk avoidance education and meets Title 5 requirements. (Federal Guidelines for abstinence centered sexual risk avoidance education.)**

Mid Cities Women's Clinic is a Christian based organization that has been in operation for 37 years. Their mission is to meet the physical, spiritual, and emotional needs of men and women in situations that were unplanned. They also provide STI testing and parenting classes.

-Motion was made to further study how this option could be presented to the HEB School Board by Sally Scoggins.

-Motion was seconded by Joy Keohane.

Tarrant County Public Health Educator Update by Marianne Pierce

-Teen input needed on how to reach teens in their language to educate them on the dangers of tobacco and e-cigarettes.

-In person classes for chronic disease prevention have resumed at TCPH.

-Carla Docken suggested reaching out to student council sponsors at the high schools to get teens involved.

**Parent update by Pamela Householder-Council of PTA's and Partner Resource Group**

-Recommended we reach out to PTA's to get more parent involvement from each campus on our SHAC.

-PRNtexas.org is the website for parents who need assistance with the ARD or IEP process, transitions, mental health outreach for students with behavior intervention plans that need additional services.

**Upcoming items for discussion:**

-Nomination of a SHAC Chair and Secretary

-Review of Cook Children's program Unicef Kid Power

-Revisit Choosing the Best Program process for presentation to curriculum director and school board

**Upcoming SHAC Meeting dates via zoom:**

11/21/21

02/15/22

04/19/22

**Addendum:**

**Child Nutrition Update by Mariella Naugher, Director of CNS**

-Staffing continues to be a challenge.

-Food and supplies continue to be a challenge, discussing reducing menu choices to limit the inventory.

-TDA audit is scheduled for this year which will be a concern due to shortages in food and supplies.