



WHY SEEK HELP FROM THE COUNSELOR?

STUDENTS

“I’m new here and the other kids aren’t very friendly.”



“My friend and I just don’t get along.”

“I don’t think I’m going to pass.”

“I don’t have a problem-I just want to tell you my dog died.”

“I just have to talk to someone who won’t laugh at me.”

PARENTS

“Sam has temper tantrums that I can’t control.”

“Nick doesn’t seek out friends and is alone most of the time.”

“Melissa scores high on standardized tests but barely makes passing grades.”

“Josh has nightmares and has trouble going to sleep at night.”

“We can’t seem to get through to Alicia.”



Qualifications for school counselors in the Hurst-Euless-Bedford I.S.D. includes:

Minimum of two years teaching experience

Masters Degree in Guidance and Counseling

Certification by the Texas Education Agency

Some counselors are also licensed by the Texas State Board of Professional Counselors, and the National Board for Certified Counselors.

Counselors continually update their skills by attending workshops, conferences, and taking graduate level courses.

The school counselor is trained to work with students in groups as well as with individuals and conducts classroom guidance activities. Examples of topics covered include the following: test taking skills, getting along with others, responsible behavior, making choices, character traits and social skills.

Parents not wanting their children to participate in classroom guidance activities are asked to make that request in writing.



Elementary School Guidance And Counseling

Elementary Counseling Mission Statement

The mission of the Elementary Counselors is to advocate for students.



dare to be different

HEB ISD



For more information contact your school counselor or District Office at 817 399-2064

Hurst-Euless-Bedford ISD
1849 Central Drive
Bedford, TX 76022

Working as a part of the staff on each elementary campus in the Hurst-Eules-Bedford ISD, school counselors play a key role in supporting the district philosophy to help each student discover individual strengths and needs, to choose realistic goals and to consider one's educational experiences wisely in planning for the future.

The counseling program focuses on enhancing student success by addressing the individual needs of students. Counselors interact and work closely with teachers and principals to create a positive atmosphere for learning.

Since parent involvement is an integral part of student success, counselors work with teachers and parents to form partnerships designed to help students achieve their maximum potential.



A SCHOOL COUNSELOR IS:

TEA certified, specifically trained, caring person who provides guidance to ALL students.

A resource person who helps teachers, parents, students and administrators.



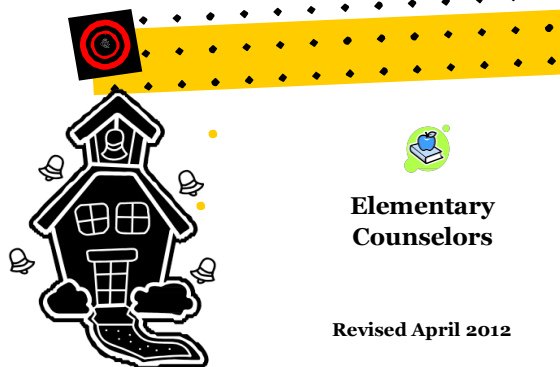
HOW DOES THE STUDENT SEE THE COUNSELOR?

- Self Referral
- Teacher Referral
- Parent Referral
- Referral by a Friend
- Principal Referral



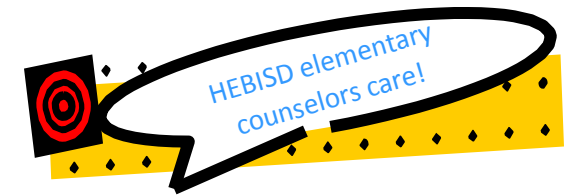
WHAT DOES A SCHOOL COUNSELOR DO?

- Assists new students with adjustment to their new environment
- Conducts counseling sessions for individuals or groups of students having common problems or concerns such as poor study skills
- Helps students cope with personal problems such as family stress, illness, death, parental separation, abuse, and negative peer pressure that interfere with school success
- Works with students on developing self-esteem and responsible behavior
- Promotes positive attitudes and choices
- Assists people in making better use of community resources
- Reviews test results to provide information about abilities, needs, achievements, and interests
- Coordinates efforts with other school specialists
- Maintains confidences
- Works with parents and teachers to ensure student success
- Works together with PE, teachers, nurses and nutrition department to provide a coordinated Health Curriculum to our students



Elementary
Counselors

Revised April 2012



What are the goals of the counselor?

To assist students in:

- Understanding themselves and others
- Discovering and developing talents and abilities
- Having a successful school experience
- Formulating important plans concerning future education and career

WHAT IS THE PURPOSE OF INDIVIDUAL COUNSELING AND CLASSROOM GUIDANCE?

- To help students to develop self-understanding and self-awareness
- To build self-confidence and self-esteem
- To encourage students to recognize and make the best use of their capabilities
- To provide opportunities for students to feel successful
- To give students an opportunity to talk about educational and personal-social concerns
- To encourage students to recognize, understand and work through learning difficulties
- To help students better adjust to the school and home environment
- To develop the awareness of students for the world of work
- To teach students the decision-making/problem solving process to help students have a successful



For more information:
District Counseling Department
Carla Docken Coordinator
817-399-2064

