

# Hurst-Eules-Bedford ISD School Health Advisory Council

## Application

The Hurst-Eules-Bedford ISD will envision healthier students and families through the Coordinated School Health Program. The HEB ISD School Health Advisory Council (SHAC) will meet at least twice each semester on Thursdays at 4:15 p.m. at the Pat May Center, Bldg B, 1849 Central Drive, Bedford, TX 76022.

- 1) Promote a healthy lifestyle by providing an awareness and knowledge in the three areas of health: physical, mental and social well-being.
- 2) Provide assistance to the district to support and implement the Coordinated School Health Program.

Applicant's Name: \_\_\_\_\_

Address, City, ZIP: \_\_\_\_\_

Email: \_\_\_\_\_

Cell/Home/WorkTelephone: \_\_\_\_\_

Do you have a child/children presently attending an HEB ISD school? Yes \_\_\_ No \_\_\_

Please list the school and student(s) grade level.

Schools	# of Students	Grade(s)

Are you an HEB ISD employee? Yes \_\_\_ No \_\_\_

Are you willing to commit at least two years to this committee? Yes \_\_\_ No \_\_\_

Are you available to attend a majority of the committee meetings? Yes \_\_\_ No \_\_\_

Please rank your level of interest in the following student health topics with "1" being the area of most interest "8" being the area of least interest.

\_\_\_ Basic Nutrition Education

\_\_\_ Teen Pregnancy

\_\_\_ School Facilities for Exercise and Recreation

\_\_\_ Human Growth and Development Education

\_\_\_ Health Classes as Required Courses

\_\_\_ Guidance and Counseling

\_\_\_ School-based Physical Activities

\_\_\_ Healthy Weight Management

Please, briefly tell us why you would like to be a member of this committee. (Use the back if you need more space.)

*Completion of this application does not guarantee participation in the SHAC. There are a limited number of positions. Candidate interviews may be required.*

OPTIONAL: Gender: \_\_\_\_\_ Ethnicity \_\_\_\_\_

Please Return Completed form to: ATTN: Michelle Henson, SHAC HEB ISD Health Services, 1849 Central Drive, Bedford, TX 76022 **Must be received no later than the last Friday in May.** Questions: 817-399-2124