

# SCHOOL HEALTH ADVISORY COUNCIL

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District Liaison

Board of Trustee Meeting Yearly Update

May 20, 2019

## What is SHAC?

A School Health Advisory Committee (SHAC) is a group of individuals, representative of the community, to provide advice and recommendations to the School District on Coordinated School Health programming and the impact on student's health and learning.

## The HEB ISD SHAC will:

- promote a healthy lifestyle by providing an awareness and knowledge in the three areas of health: physical, mental, and social well-being.
- provide assistance to the District to support and implement the Coordinated School Health Program.



# Highlights of 2018-2019

## Health, PE & District Safety

- Safety Drills on all campuses – Ongoing throughout HEB
  - “Lockout, Lockdown, Evacuate, Shelter, & Hold in Classroom”
- P.E. – “MOVES IT” – March 27<sup>th</sup>
  - All elementary campuses participated

## Counseling Department

- “FRIENDS for LIFE” – Hotline to report bullying or other concerns
  - Anonymous reporting – successful! Several outcries resulted in hospitalizations
- “PLAY IT SAFE!” Personal Safety – Shown on every elementary campus
  - Parent Preview offered beforehand



# Highlights of 2018-2019

## Child Nutrition Department

- Summer Dining – Once again at 6 school sites & 2 community sites
  - **New this year** – Both breakfast and lunch served!
- “Lunch & Learn” – Westdale Hills Apartments (Sotogrande)
  - Children 18 & under – Emphasis on Literacy & STEM projects
- Breakfast in the Classroom! – Pilot at Meadow Creek this year
  - **Expanding** next year to Bellaire, Midway Park, Harrison Lane, Oakwood Terrace and South Euless
- Second Chance Breakfast – ALL schools
- New Chef – Catering for the district PLUS “reformulating” recipes for next year



# Highlights of 2018-2019

## Family Engagement, Community Outreach, and Teacher Support (F.E.C.O.T.S.)

- ESL classes for Adults – Very successful!
  - 1<sup>st</sup> semester – 40 participants
  - 2<sup>nd</sup> semester – “Rosetta Stone” – Extremely Popular!
    - 50 licenses – full
    - 100 on waiting list!
- Bilingual Family Engagement – Meets once a week on 3 bilingual campuses
- Parent University – Parenting classes from Parenting Center of Fort Worth
- Summer Family Literacy Events – Parents & children attend together (3 free books!)
- District Parent Advisory Committee – Meets annually to revise District Family Engagement Policy





# Highlights of 2018-2019

## Health Services Department

- CARE Van – FREE immunizations
  - 4 times a year – Last clinic on Thursday, May 23<sup>rd</sup> from 5pm-7pm
- Immunization Outreach Initiative – For 6<sup>th</sup> graders & Seniors
- Essilor Vision Van – South Euless hosted the Van
- Save a SMILE Dental Program – “May” add another Title I school next year
- ASTHMA 411 Program
  - Collaboration between Cook Children’s, JPS, Texas Health Resources, & HEB ISD
  - Total of 705 doses of Albuterol administered as of 5/06/2019
  - 84% of students returned to class and only 16% went home
  - 0 calls to 911 for Asthma!



# Looking Forward to 2019-2020

## Recruitment!

- Increase parent participation
- Involve PTA leaders in SHAC activities

## Topics of Interest

- Interest in a “Blue Zone” workplace
- E-cigarettes & Juuling presentations

