



# AEP - KEYS MENU

SEPTEMBER  
2021

**BREAKFAST:** Student Free • Adult: a la Carte

**LUNCH:** Student Free • Adult: \$4.00

**BREAKFAST:** Includes choice milk.

**LUNCH:** Includes entrée, vegetable and/or fruit & choice of milk.

<p><b>13 BREAKFAST</b> Breakfast Pizza <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice <b>LUNCH</b> Swt/Sour Chicken Seasoned Rice Wheat Roll California Blend Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p><b>14 BREAKFAST</b> Chicken –n– Waffles <b>OR</b> Toast &amp; Cereal Raisels, Fruit Juice <b>LUNCH</b> Hot/Spicy Chicken Sandwich <b>OR</b> Crispy Chicken Sandwich French Fries Whole Kernel Corn Fresh Vegetable of the Day Seasonal Fruit, Fruit Juice</p>	<p><b>15 BREAKFAST</b> Cinnamon Roll &amp; String Cheese <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice <b>LUNCH</b> Chicken Tenders <b>OR</b> Chicken Fried Steak Wheat Roll Mashed Potatoes w/Cream Gravy Ranch Bean Fresh Veg. of the Day Peach Cup, Fruit Juice</p>	<p><b>16 BREAKFAST</b> Mini Maple Burst Pancakes <b>OR</b> Toast &amp; Cereal Raisels Fruit Juice <b>LUNCH</b> Chili Frito Pie Wheat Roll Tater Tots Corn on the Cob Fresh Vegetable of the Day Fruit Cocktail, Fruit Juice</p>	<p><b>17 BREAKFAST</b> Glazed French Toast Bites <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice <b>LUNCH</b> *4 Meat Pizza/ Cheese Pizza Sidewinder Fries Steamed Broccoli Fresh Vegetable of the Day Pear Cup, Fruit Juice</p>
<p><b>20 BREAKFAST</b> Sausage Roll &amp; String Cheese <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice <b>LUNCH</b> Cheese Enchiladas Mexican Rice Ranch Beans French Fries Fresh Vegetable of the Day Seasonal Fruit Fruit Juice</p>	<p><b>21 BREAKFAST</b> Biscuit w/ Scrambled Eggs &amp; Cheese <b>OR</b> Toast &amp; Cereal Raisels, Fruit Juice <b>LUNCH</b> Hamburger/Cheeseburger French Fries Steamed Broccoli Fresh Vegetable of the Day Peach Cup Fruit Juice</p>	<p><b>22 BREAKFAST</b> Dutch Waffle &amp; Sausage Patty <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice <b>LUNCH</b> Chicken Nuggets Wheat Roll Mashed Potatoes w/Cream Gravy Whole Kernel corn Fresh Veg. of the Day Mandarin Oranges Fruit Juice</p>	<p><b>23 BREAKFAST</b> Glazed Donut &amp; String Cheese <b>OR</b> Toast &amp; Cereal Raisels Fruit Juice <b>LUNCH</b> Beef Lasagna Wheat Roll California Blend Green Beans Fresh Vegetable of the Day Applesauce Cup Fruit Juice</p>	<p><b>24 BREAKFAST</b> Chocolate Filled Crescent <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice <b>LUNCH</b> Breaded Mozzarella Stick w/ Marinara Dip <b>OR</b> Corn Dog French Fries Peas &amp; Carrots Fresh Vegetable of the Day Pear Cup, Fruit Juice</p>
<p><b>27 BREAKFAST</b> Breakfast Pizza <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice <b>LUNCH</b> Chicken Alfredo Wheat Roll Steamed Broccoli Crinkle Cut Carrots Fresh Vegetable of the Day Seasonal Fruit Fruit Juice</p>	<p><b>28 BREAKFAST</b> Cinnamon Roll &amp; String Cheese <b>OR</b> Toast &amp; Cereal Raisels Fruit Juice <b>LUNCH</b> Hamburger/Cheeseburger French Fries Green Beans Fresh Vegetable of the Day Seasonal Fruit Fruit Juice</p>	<p><b>29 BREAKFAST</b> Pancakes w/ Sausage Patty <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice <b>LUNCH</b> Chicken Tenders <b>OR</b> Chicken Fried Steak Wheat Roll Mashed Potatoes w/ Cream Gravy Mixed Vegetables Fresh Veg. of the Day Fruit Cocktail, Fruit Juice</p>	<p><b>30 BREAKFAST</b> Bagel w/Strawberry Cream Cheese <b>OR</b> Toast &amp; Cereal Raisels, Fruit Juice <b>LUNCH</b> Turkey/Ham/Swiss Sub Sandwich w/Sandwich Fixings Sidewinder Fries Whole Kernel Corn Fresh Vegetable of the Day Pineapple Tidbits Fruit Juice</p>	<p><b>1 BREAKFAST</b> Chicken &amp; Waffles <b>OR</b> Toast &amp; Cereal Craisins Fruit Juice <b>LUNCH</b> *Pepperoni Pizza/ Cheese Pizza French Fries Whole Kernel Corn Fresh Vegetable of the Day Peach Cup Fruit Juice</p>

\*Contains Pork

• Variety fresh fruit served daily

• Menu subject to change due to product availability



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