**Breakfast:** Student: $2.25 • Adult: a la carte

**Lunch:** Student: $3.55 • Reduced: $0.40 • Adult: $5.00

**Breakfast:**
- Apple Cinnamon Texas Toast (optional)
- Pop Tart & Cereal
- Craisins
- Fresh fruit
- Toast or Pop Tart & Cereal offered daily. Includes choice of milk.

**Lunch:**
- Hamburger/ Cheeseburger
- Fiestada Pizza
- Grilled Cheese Sandwich
- Crispy Chicken Caesar Salad
- French Fries
- Crinkle Cut Carrots
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Pancakes w/ Scrambled Eggs
- Grilled Cheese Sandwich
- Crispy Chicken Parmesan
- Mashed Potatoes w/Cream Gravy
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Lunch:**
- Chicken Tenders
- Steak Fingers
- Italian Sub Sandwich
- Blueberry Yogurt Parfait w/ Muffin
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Beef Sausage on Hawaiian Roll (optional)
- Pop Tart & Cereal
- Craisins

**Lunch:**
- Beef Lasagna
- Crispy Chicken Drumsticks
- Garlic Toast
- Mandarin Orange Yogurt Parfait w/ Muffin
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Mini French Toast Bites
- Toast & Cereal
- Fresh fruit

**Lunch:**
- Pepperoni Pizza/ Cheese Pizza
- Fish Sandwich
- Crispy Chicken Wrap
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Bagel Filled w/ Cream Cheese (optional)
- Pop Tart & Cereal
- Fresh fruit

**Lunch:**
- Chicken Alfredo
- Garlic Toast
- Fresh Fries
- Steamed Broccoli
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Mini Cinnis w/ String Cheese
- Toast & Cereal
- Fresh fruit

**Lunch:**
- Soft Beef Tacos
- Hot/Spicy Chicken Sandwich
- Fruit & Cheese Plate
- Corn on the Cob
- Ranch Beans
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Chicken -n- Waffles
- Toast & Cereal
- Fresh fruit

**Lunch:**
- Crispy Chicken Sandwich
- Grilled Cheese Sandwich
- Baked Chips
- Baby Carrots
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Mini French Toast Bites
- Toast & Cereal
- Fresh fruit

**Lunch:**
- Pepperoni Pizza/ Cheese Pizza
- Fish Sandwich
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

**Breakfast:**
- Bagel Filled w/ Cream Cheese (optional)
- Pop Tart & Cereal
- Fresh fruit

**Lunch:**
- Chicken Alfredo
- Garlic Toast
- Fresh Fries
- Steamed Broccoli
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

*Contains Pork

**Menu Subject to change due to product availability**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language) should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027. USDA Program Discrimination Complaint Form which can be obtained online at https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20-%20Complaint-Form-0508-0002-006-11-28-21EngMail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, Washington, D.C. 20250-9410, or fax (202) 690-7944; or email: program.intake@usda.gov. This institution is an equal opportunity provider.
February
High School
2024

**BREAKFAST:**
- Toast or Pop Tart & Cereal offered daily. Includes choice of milk.
- Includes choice of milk.

**LUNCH:**
- Includes entrée, vegetable, fruit & choice of milk.

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**20**
**BREAKFAST:**
- Mini Pancakes Bites
- OR
- Pop Tart & Cereal
- Raisins
- Fruit Juice

**LUNCH:**
- Hamburger/ Cheeseburger
- OR
- Pepperoni Rippers/ Cheese Rippers
- OR
- Strawberry Yogurt Parfait w/ Muffin
- French Fries
- Baked Beans
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**21**
**BREAKFAST:**
- Cinnamon Roll & String Cheese
- OR
- Toast & Cereal
- Craisins, Fruit Juice

**LUNCH:**
- Chicken Nuggets
- OR
- Chicken Fried Steak
- Wheat Roll
- OR
- Cold Cut Sub Sand.
- OR
- Fruit & Cheese Plate w/ Muffin
- Mashed Potatoes
- w/ Cream Gravy
- Green Beans
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**22**
**BREAKFAST:**
- Breakfast Taco w/ Bacon & Eggs and Tater Tots
- OR
- Pop Tart & Cereal
- Raisins, Fruit Juice

**LUNCH:**
- Spaghetti w/ Meat Sauce
- OR
- Roasted BBQ Chicken Drumsticks
- Garlic Roll
- OR
- Grilled Cheese Sandwich
- Steamed Broccoli
- French Fries
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**23**
**BREAKFAST:**
- Waffles w/ Strawberries & Cream
- OR
- Pop Tart & Cereal
- Craisins, Fruit Juice

**LUNCH:**
- Pepperoni Pizza/ Cheese Pizza
- OR
- Chili Frito Pie w/ Wheat Roll
- OR
- Crispy Buffalo Chicken Wrap
- French Fries
- Whole Kernel Corn
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**24**
**BREAKFAST**
- Fruit Filled Frudel Strudel
- OR
- Toast & Cereal
- Craisins, Fruit Juice

**LUNCH:**
- Pepperoni Calzone/ Cheese Calzone
- OR
- Crispy Chicken Sandwich
- OR
- *Turkey Club
- Sub Sandwich
- Onion Rings
- Corn on the Cob
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**25**
**BREAKFAST:**
- Breakfast Pizza
- OR
- Pop Tart & Cereal
- Craisins
- Fruit Juice

**LUNCH:**
- Oven Roasted Turkey
- OR
- Steak Fingers
- Wheat Roll
- OR
- Grilled Cheese Sandwich
- Mashed Potatoes
- w/ Cream Gravy
- Green Beans
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**26**
**BREAKFAST:**
- Chicken Biscuit
- Sandwich
- OR
- Pop Tart & Cereal
- Raisins
- Fruit Juice

**LUNCH:**
- Ham/Beef/Cheese Nachos
- OR
- Hot/Spicy Chicken Sandwich
- OR
- Blueberry Yogurt Parfait w/ Muffin
- Refried Beans
- French Fries
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**27**
**BREAKFAST:**
- Glazed Donut w/ String Cheese
- OR
- Pop Tart & Cereal
- Raisins
- Fruit Juice

**LUNCH:**
- Hamburger/ Cheeseburger
- OR
- Macaroni & Cheese w/ Fish Nuggets and Wheat Roll
- OR
- Crispy Chicken Salad
- French Fries
- California Blend
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**28**
**BREAKFAST:**
- Pancakes w/ Scrambled Eggs
- OR
- Toast & Cereal
- Raisins
- Fruit Juice

**LUNCH:**
- *Pepperoni Calzone/
- Cheese Calzone
- OR
- Crispy Chicken Sandwich
- OR
- *Turkey Club
- Sub Sandwich
- Onion Rings
- Corn on the Cob
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**29**
**BREAKFAST:**
- Fruit Filled Frudel Strudel
- OR
- Toast & Cereal
- Craisins, Fruit Juice

**LUNCH:**
- Pepperoni Pizza/ Cheese Pizza
- OR
- Sweet/Sour Chicken w/ Seasoned Rice and Wheat Roll
- OR
- Italian Sub
- Sandwich
- French Fries
- Steamed Broccoli
- Fresh Vegetable of the Day
- Fruit Cup
- Fruit Juice

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**1**
**BREAKFAST**
- Fruit Filled Frudel Strudel
- OR
- Toast & Cereal
- Craisins, Fruit Juice

**LUNCH:**
- Student: $3.55 • Reduced: $0.40 • Adult: $5.00

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**HEB**
Hurst - Euless - Bedford
Independent School District

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