# MARCH

## NATIONAL SCHOOL BREAKFAST
**MARCH 4-8, 2024**

### BREAKFAST:
- Student: $2.25
- Adult: a la carte

### LUNCH:
- Student: $3.55
- Reduced: $0.40
- Adult: $5.00

**BREAKFAST:** Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
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</thead>
</table>
| **4**  
  Mini Cinnamon Crumb Loaf  
  OR  
  Pop Tart & Cereal  
  Craisins  
  Fruit Juice  

**LUNCH:**  
  Breaded Mozzarella Sticks w/ Marinara Dip  
  OR  
  Hot/Spicy Chicken Sandwich  
  OR  
  Strawberry Yogurt Parfait w/ Muffin  
  French Fries  
  Steamed Broccoli  
  Fresh Vegetable of the Day  
  Fruit Cup  
  Fruit Juice |

**5**  
  Pancakes w/ Sausage  
  OR  
  Toast & Cereal  
  Raisins, Fruit Juice  

**LUNCH:**  
  Hamburger/ Cheeseburger  
  OR  
  Fiestada Pizza  
  OR  
  Grilled Cheese Sandwich  
  OR  
  Crispy Chicken Caesar Salad  
  French Fries  
  California Blend  
  Fresh Vegetable of the Day  
  Fruit Cup  
  Fruit Juice |

**6**  
  Fruit Filled Strudel  
  OR  
  Toast & Cereal  
  Craisins, Fruit Juice  

**LUNCH:**  
  Chicken Tenders  
  OR  
  Steak Fingers  
  Wheat Roll  
  OR  
  Italian Sub Sandwich  
  OR  
  Blueberry Yogurt Parfait w/ Muffin  
  Mashed Potatoes w/Cream Gravy  
  Green Beans  
  Fresh Vegetable of the Day  
  Fruit Cup  
  Fruit Juice |

**7**  
  French Toast w/ Scrambled Eggs  
  OR  
  Pop Tart & Cereal  
  Craisins, Fruit Juice  

**LUNCH:**  
  Cheese Enchiladas w/ Mexican Rice  
  OR  
  Crispy Chicken Sandwich  
  OR  
  *Turkey Club Wrap  
  Refried Beans  
  French Fries  
  Fresh Vegetable of the Day  
  Fruit Cup  
  Fruit Juice |

**8**  
  Mini Waffle Bites  
  OR  
  Toast & Cereal  
  Craisins, Fruit Juice  

**LUNCH:**  
  Pepperoni Pizza/ Cheese Pizza  
  OR  
  Sweet Red Chili Chicken Bites w/ Wheat Roll  
  OR  
  Ham/Cheese Sub Sandwich  
  Whole Kernel Corn  
  French Fries  
  Fresh Vegetable of the Day  
  Fruit Cup  
  Fruit Juice |

*Contains Pork  
Fresh fruit offered daily  
Menu Subject to change due to product availability

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**HEB**  
**Hurst - Euless - Bedford**  
Independent School District

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<table>
<thead>
<tr>
<th>Day</th>
<th>BREAKFAST</th>
<th>LUNCH</th>
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<tbody>
<tr>
<td>18</td>
<td>Bagel Filled w/ Cream Cheese OR Pop Tart &amp; Cereal</td>
<td>Lunch: Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin French Fries Refried Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
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<tr>
<td>19</td>
<td>Glazed Donut &amp; String Cheese OR Toast &amp; Cereal Raisels Fruit Juice</td>
<td>Lunch: Hamburger/Cheddarburger OR Cheese Bites w/ Marinara Dip OR Buffalo Chicken Salad French Fries Peas &amp; Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
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<tr>
<td>20</td>
<td>Breakfast Pizza OR Toast &amp; Cereal Craisins, Fruit Juice</td>
<td>Lunch: Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Fruit &amp; Cheese Plate w/ Muffin OR Turkey/Cheese Sub Masaled Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
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<tr>
<td>21</td>
<td>Pancakes w/ Scrambled Eggs OR Toast &amp; Cereal Craisins, Fruit Juice</td>
<td>Lunch: Chicken Alfredo w/ Whole Roll OR BBQ Beef Rib Sandwich OR Cold Cut Sub OR Mango Yogurt Parfait w/ Muffin Onion Rings California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
<tr>
<td>22</td>
<td>Biscuit &amp; Sausage w/ Cream Gravy OR Pop Tart &amp; Cereal Craisins</td>
<td>Lunch: Pepperoni Pizza/Cheese Pizza OR Chicken Tinga Quesadilla OR Crispy Chicken Wrap French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
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<tr>
<td>25</td>
<td>Mini French Toast Bites OR Pop Tart &amp; Cereal Craisins, Fruit Juice</td>
<td>Lunch: Beef Teriyaki w/ Seasoned Rice and Wheat Roll OR Hot/Spicy Chicken Sandwich OR Blueberry Yogurt Parfait w/ Muffin California Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
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<tr>
<td>26</td>
<td>Waffles w/ Strawberries &amp; Cream OR Pop Tart &amp; Cereal Craisins, Fruit Juice</td>
<td>Lunch: Cinnamon Roll &amp; String Cheese OR Toast &amp; Cereal Craisins, Fruit Juice</td>
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<tr>
<td>27</td>
<td>Breakfast Taco w/ Bacon &amp; Eggs and Tater Tots OR Pop Tart &amp; Cereal Craisins, Fruit Juice</td>
<td>Lunch: Spaghetti w/ Meat Sauce OR Roasted BBQ Chicken Drumsticks Garlic Roll OR Grilled Cheese Sandwich Steamed Broccoli Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
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