### MARCH HIGH SCHOOL MENU

**BREAKFAST:** Student: $2.25 • Adult: a la carte  
**LUNCH:** Student: $3.55 • Reduced: $0.40 • Adult: $5.00

**BREAKFAST:** Toast or Pop Tart & Cereal offered daily. Includes choice of milk.  
**LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast Options</th>
<th>Lunch Options</th>
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</table>
| 4   | Mini Cinnamon Crumb Loaf  
      OR  
      Pop Tart & Cereal  
      Craisins  
      Fruit Juice | Breaded  
      Mozzarella Sticks  
      w/ Marinara Dip  
      OR  
      Hot/Spicy Chicken Sandwich  
      OR  
      Strawberry Yogurt Parfait w/ Muffin  
      French Fries  
      Steamed Broccoli  
      Fresh Vegetable of the Day  
      Fruit Cup  
      Fruit Juice |  

| 5   | Pancakes w/ Sausage  
      OR  
      Toast & Cereal Craisins, Fruit Juice | Hamburger/ Cheeseburger  
      OR  
      Fiestada Pizza  
      OR  
      Grilled Cheese Sandwich  
      OR  
      Crispy Chicken Caesar Salad  
      French Fries  
      California Blend  
      Fresh Vegetable of the Day  
      Fruit Cup  
      Fruit Juice |  

| 6   | Fruit Filled Strudel  
      OR  
      Toast & Cereal Craisins, Fruit Juice | Chicken Tenders  
      OR  
      Steak Fingers  
      Wheat Roll  
      OR  
      Italian Sub Sandwich  
      OR  
      Blueberry Yogurt Parfait w/ Muffin  
      Mashed Potatoes  
      w/Cream Gravy  
      Green Beans  
      Fresh Vegetable of the Day  
      Fruit Cup  
      Fruit Juice |  

| 7   | French Toast w/ Scrambled Eggs  
      OR  
      Pop Tart & Cereal Craisins, Fruit Juice | Cheese Enchiladas  
      w/ Mexican Rice  
      OR  
      Crispy Chicken Sandwich  
      OR  
      *Turkey Club Wrap  
      Refried Beans  
      French Fries  
      Fresh Vegetable of the Day  
      Fruit Cup  
      Fruit Juice |  

| 8   | Mini Waffle Bites  
      OR  
      Toast & Cereal Craisins, Fruit Juice | Pepperoni Pizza/ Cheese Pizza  
      OR  
      Sweet Red Chili Chicken Bites  
      w/ Wheat Roll  
      OR  
      Ham/Cheese Sub Sandwich  
      Whole Kernel Corn  
      French Fries  
      Fresh Vegetable of the Day  
      Fruit Cup  
      Fruit Juice |

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*Contains Pork  
Fresh fruit offered daily  
Menu Subject to change due to product availability

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In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to participate in this program should contact the agency (if they are(jsn) large print, audiotape, American Sign Language, Braille) should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (800) 877-8339 (voice) or (866) 633-5432 (TDD).

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at https://www.usda.gov/sites/default/files/documents/USDA-DASOCR%20Complaint-Form-008-0002-508-11-18-17FaxMerat.pdf, from any USDA office, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by mail, U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights (ASCR) at 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, or fax (855) 542-8120 or call (800) 877-8339; or email program.intake@usda.gov. This institution is an equal opportunity provider.
## Breakfast Menu

### 18th March
- **Bagel Filled w/ Cream Cheese**
- **Pop Tart & Cereal**
- **Craisins**
- **Fruit Juice**

### 19th March
- **Glazed Donut & String Cheese**
- **Toast & Cereal**
- **Raisins**
- **Fruit Juice**

### 20th March
- **Breakfast Pizza**
- **Toast & Cereal**
- **Craisins, Fruit Juice**

### 21st March
- **Pancakes w/ Scrambled Eggs**
- **Pop Tart & Cereal**
- **Craisins, Fruit Juice**

### 22nd March
- **Biscuit & Sausage w/ Cream Gravy**
- **Pop Tart & Cereal**
- **Craisins**

## Lunch Menu

### 18th March
- **Beef/Cheese Nachos**
- **Hot/Spicy Chicken Sandwich**
- **Strawberry Yogurt Parfait w/ Muffin**
- **French Fries**
- **Refried Beans**
- **Fresh Vegetable of the Day**
- **Fruit Cup**
- **Fruit Juice**

### 19th March
- **Beef Teriyaki w/ Seasoned Rice and Wheat Roll**
- **Hot/Spicy Chicken Sandwich**
- **Blueberry Yogurt Parfait w/ Muffin**
- **California Blend French Fries**
- **Fresh Vegetable of the Day**
- **Fruit Cup**
- **Fruit Juice**

### 20th March
- **Chicken Tenders or Chicken Fried Steak**
- **Wheat Roll or Fruit & Cheese Plate w/ Muffin**
- **Turkey/Chicken Sub Mashed Potatoes w/Cream Gravy**
- **Green Beans**
- **Fresh Vegetable of the Day**
- **Fruit Cup**
- **Fruit Juice**

### 21st March
- **Chicken Alfredo w/ Wheat Roll**
- **BBQ Beef Rib Sandwich**
- **Cold Cut Sub or Mango Yogurt Parfait w/ Muffin**
- **Onion Rings**
- **California Blend Fresh Vegetable of the Day**
- **Fruit Cup, Fruit Juice**

### 22nd March
- **Pepperoni Pizza/ Cheese Pizza**
- **Chicken Tinga Quesadilla or Crispy Chicken Wrap**
- **French Fries**
- **Whole Kernel Corn**
- **Fresh Vegetable of the Day**
- **Fruit Cup, Fruit Juice**

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**Lunch: Student: $3.55 • Reduced: $0.40 • Adult: $5.00**

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