

february 2019

JUNIOR HIGH MENU

BREAKFAST: Student: \$ 1.25 • Reduced: \$ 0.30 • Adult: a la carte

LUNCH: Student: \$ 3.05 • Reduced: \$ 0.40 • Adult: \$3.75

BREAKFAST: Toast & cereal offered daily. Includes choice of milk

LUNCH: Includes entree, vegetable and/ or fruit and choice of milk

<p>4 BREAKFAST French Toast w/ Sausage OR Chocolate Filled Crescent Craisins, Fruit Juice</p> <p>LUNCH New Orleans Chicken w/Teriyaki Rice & Roll OR Breaded Mozzarella Sticks w/Marinara Dip OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait OR Turkey/Ham/Swiss Sub Steamed Broccoli Sweet Potato Fries Applesauce Fruit Juice</p>	<p>5 BREAKFAST Breakfast Pizza OR Muffin & Cereal On the Go Raisels, Fruit Juice</p> <p>LUNCH Hamburger/ Cheeseburger OR Chili Frito Pie OR Pepperoni Pizza/ Cheese Pizza OR Buffalo Chicken Salad w/Wheat Roll OR Turkey Club Wrap French Fries California Blend Seasonal Fruit Fruit Juice</p>	<p>6 BREAKFAST Cinnamon Roll & String Cheese OR Yogurt Cup & Grahams Craisins, Fruit Juice</p> <p>LUNCH Popcorn Chicken OR Chicken Fried Steak OR Chef Salad w/ Turkey/Ham & Cheese Wheat Roll OR * 4 Meat Pizza/ Cheese Pizza OR Fruit/Cheese Plate Mashed Potatoes Mixed Veg., Salad Sliced Peaches Fruit Juice</p>	<p>7 BREAKFAST *EggStravangza & Biscuit w/Gravy OR Mini Confetti Pancakes Raisels, Fruit Juice</p> <p>LUNCH *Pepperoni Calzone/ Cheese Calzone OR Macaroni & Cheese w/Wheat Roll OR Hamburger/ Cheeseburger OR Buffalo Chicken Salad w/ Wheat Roll OR Italian Sub Sandwich Green Beans French Fries Baby Carrots Seasonal Fruit, Fruit Juice</p>	<p>8 BREAKFAST Waffles w/ Strawberries & Cream OR Cereal On the Go & Cheese Stick Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza Cheese Pizza OR Cheese Enchilada w/Mexican Rice OR Crispy Chicken Sandwich OR Buffalo Chicken Wrap OR Blueberry Yogurt Parfait Corn, Cucumber Wheels Ranch Beans Pineapple, Fruit Juice</p>
<p>11 BREAKFAST Dutch Waffle OR Mini Pancakes Craisins, Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Baked Ziti w/ Garlic Knot Roll OR Hot/Spicy Chicken Sandwich OR Mandarin Orange Yogurt Parfait OR Club Sandwich California Blend Refried Beans Celery Sticks Strawberry Fruit Pop Fruit Juice</p>	<p>12 BREAKFAST Breakfast on a Stick OR PopTart & Cereal On the Go Raisels, Fruit Juice</p> <p>LUNCH Hamburger/ Cheeseburger OR Breaded Drumstick w/Wheat Roll OR Pepperoni/Cheese Pizza OR Buffalo Chicken Salad w/Wheat Roll OR Turkey/Cheese Wrap Green Beans French Fries Seasonal Fruit Fruit Juice</p>	<p>13 BREAKFAST Glazed Donut & String Cheese OR Cinn. Coffee Cake Craisins, Fruit Juice</p> <p>LUNCH Mini Chicken Nuggets OR Steak Fingers OR Chicken Fajita Salad Wheat Roll OR Hot/Spicy Fish Sandwich OR Blueberry Yogurt Parfait Mashed Potatoes w/Cream Gravy Bean/Carrot Medley Seasonal Fruit Fruit Juice</p>	<p>14 BREAKFAST Pancakes w/ Scrambled Eggs OR Baked Muffin Raisels, Fruit Juice</p> <p>LUNCH Cheese Ravioli w/ Marinara Sauce OR Crispy Chicken Salad Wheat Roll OR Bean/Cheese Burrito w/Mexican Rice OR *4 Meat/Cheese Pizza OR Buffalo Chicken Wrap Whole Kernel Corn Bahama Veg., Salad Sld Peaches , Fruit Juice Valentine Treat</p>	<p>15 BREAKFAST Sausage & Biscuit w/Cream Gravy OR Mini Cinnis Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Chicken Spaghetti w/Wheat Roll OR Crispy Chicken Sandwich OR Chef Salad w/Turkey & Ham w/Wheat Roll OR Italian Sub Sandwich Sweet Potato Fries Broccoli Bake Baby Carrots Sld Pears, Fruit Juice</p>

Whole fruit served daily

*Contains Pork

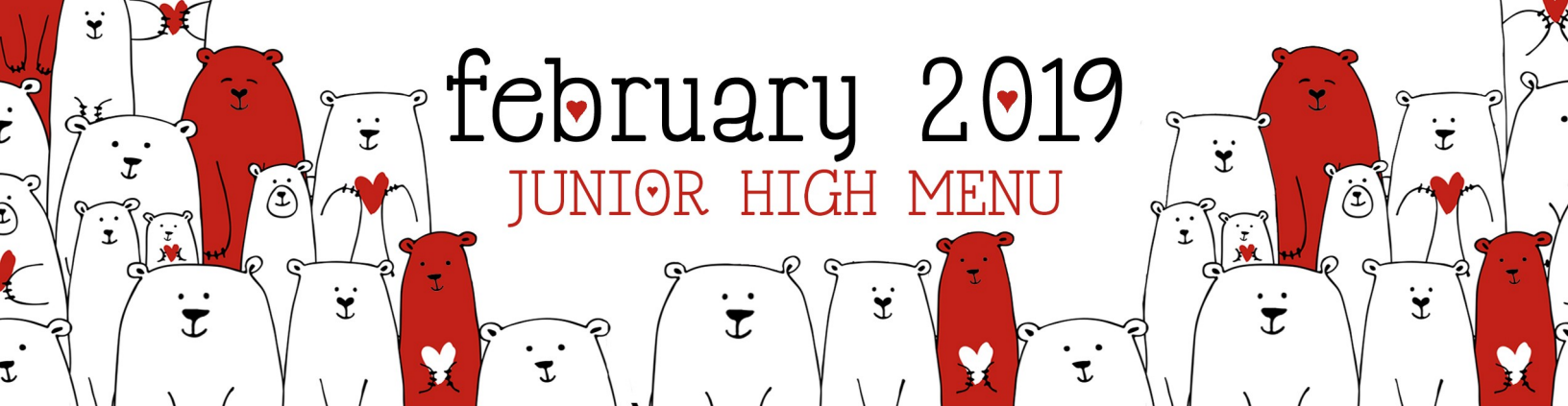
Menu Subject to change



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<p>18</p> <p style="text-align: center;"><i>No School Student Holiday</i></p>	<p>19 BREAKFAST Breakfast on a Stick OR PopTart & Cereal On the Go Raisels, Fruit Juice</p> <p>LUNCH Hamburger Cheeseburger OR Brd Mozzarella Sticks w/Marinara Sauce OR Fiestada Pizza OR Buffalo Chicken Wrap OR Strawberry Yogurt Parfait California Blend French Fries Mandarin Oranges Fruit Juice</p>	<p>20 BREAKFAST Cinnamon Roll & String Cheese OR Bagel w/Strawberry Cream Cheese Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak OR Chef Salad w/Turkey & Ham Wheat Roll OR BBQ Beef Sandwich OR Chicken Caesar Wrap Mashed Potatoes w/Gravy Veg. Baked Beans Chili Lime Cucumbers Seasonal Fruit, Fruit Juice</p>	<p>21 BREAKFAST French Toast & Sausage Patty OR Yogurt Cup & Grahams Raisels, Fruit Juice</p> <p>LUNCH Spaghetti w/Meat Sauce OR Breaded Chicken OR Buffalo Chicken Salad Wheat Roll OR Grilled Cheese Sandwich OR Turkey Club Wrap Whole Kernel Corn Sweet Potato Fries Garden Salad Strawberry Cup Fruit Juice</p>	<p>22 BREAKFAST Breakfast Taco OR Mini Confetti Pancakes Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Fiesta Salad w/ Corn Chips & Rice OR Hot/Spicy Chicken Sand. OR Blueberry Yogurt Parfait OR Italian Sub Sandwich Steamed Broccoli Sidewinder Fries Baby Carrots Pineapple w/Kiwi Fruit Juice</p>
<p>25 BREAKFAST Breakfast Pizza OR Chocolate Filled Crescent Craisins, Fruit Juice</p> <p>LUNCH Shrimp Poppers & Fish Nuggets w/Hushpuppies OR Hot/Spicy Chicken Sandwich OR Fiestada Pizza OR Chicken Caesar Wrap OR Fruit & Cheese Plate French Fries Ranch Beans Cherry Tomatoes Seasonal Fruit Fruit Juice</p>	<p>26 BREAKFAST Sunrise Smoothie and Grahams OR PopTart & Cereal On the Go Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Tangerine Chicken w/Teriyaki Rice & Roll OR Hamburger/ Cheeseburger OR Crispy Chicken Salad w/Wheat Roll OR Turkey/Cheese Wrap Green Beans Sweet Potato Fries Sliced Pears, Fruit Juice</p>	<p>27 BREAKFAST Glazed Donut & String Cheese OR Mini Cinnis Craisins, Fruit Juice</p> <p>LUNCH Roasted Turkey OR Breaded Drumstick OR Chef Salad w/ Turkey & Ham Wheat Roll OR *4 Meat Pizza/ Cheese Pizza OR Strawberry Yogurt Parfait Mashed Potatoes w/Cream Gravy Bahamas Veg Blend Seasonal Fruit, Fruit Juice</p>	<p>28 BREAKFAST Sausage Rolls OR Mini Pancakes Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Loaded Baked Potato OR Buffalo Chicken Salad Wheat Roll OR Crispy Chicken Sandwich OR Blueberry Yogurt Parfait Whole Kernel Corn Pacific Veg Blend Tossed Salad Pineapple Tidbits Fruit Juice</p>	<p>1 BREAKFAST Pancakes & Bacon Strips OR Mini Waffles Craisins, Fruit Juice</p> <p style="text-align: center;"><i>Early Release</i></p> <p>LUNCH Hamburger/ Cheeseburger Baked Chips Baby Carrots Broccoli Florets Peach Cup Fruit Juice</p>

Whole fruit served daily

*Contains Pork

Menu Subject to change



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