Since 1960, J. Pat Burleson and Legends Martial Arts have worked closely with educators and organizations in the community. This six-week course focuses on **character development, child safety and basic self-defense**. Sessions are held at Legends Martial Arts. Two or three times each week, students learn a variety of skills including goal setting and perseverance that will develop their confidence and bring out their very best at home, at school and in all areas of their lives.

**Parents Comments**

“I can’t thank you enough! My son's work habits are much better now and we love how your program supports his school.” **Randy Rapp - Arlington, TX**

“My daughter's teacher was so impressed with her improved attitude and focus that she actually called me to compliment her on it.” **Souvanna Siharath - Ft. Worth, TX**

“I was amazed at the enthusiasm and teaching skills of your staff. The kids had a great time learning valuable safety skills.” **Andrea Walters - Hurst, TX**

For any questions, contact Rachael Metcalf of HEB PTA at hebisdccouncilofptas@gmail.com or Legends Martial Arts at information@legendsmartialarts.com

www.legendsmartialarts.com • 817-285-8484 • FaceBook.com/legendsmartialarts

Sponsored by: Youth Education Corporation. A 501(c)3 Non-Profit Corporation. Tax ID #73-1369098

This is not a program of HEB PTA and HEB PTA accepts no liability or responsibility for this program.
HERE ARE SOME OF THE TOPICS WE COVER

• Street Safe predator avoidance
• Identifying “non-stranger” predators
• Safe habits
• Basic self defense

COST OF THIS PROGRAM

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<th>$49 for 1 Family Member</th>
<th>$85 for 2 Family Members</th>
<th>$99 for 3 or More Family Members</th>
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Program is for 6 weeks of unlimited classes, school patches, home practice DVD, PLUS a FREE uniform!

OUR CLASSES ARE FUN AND AMAZING THINGS CAN HAPPEN IN JUST SIX WEEKS.

For more information about who we are, visit www.legendsmartialarts.com.

LOCATION AND TIMES:

For class times and to reserve your space, please call us at 817-285-8484 or email us at information@legendsmartialarts.com

Since this training is part of our regular weekly group classes, and for YOUR scheduling convenience, there is NO start or end date for this offer. Your family can take advantage of this right now, next week, next month, or even during the fall season! Just reference this special offer when calling us or emailing us to reserve your child’s spot.